

Fecal Impaction, Manual Removal

Objective:

1. To remove impacted feces from the rectum upon written order of physician.

Equipment:

1. Gloves
2. Bedpan
3. Lubricant
4. Plastic sheeting
5. Soap, water, washcloth and towel

Procedure:

1. Wash your hands thoroughly before beginning the procedure.
2. Explain procedure to resident and bring equipment to bedside. Screen resident.
3. Remove pillow and lower head.
4. Assist resident to left side, flex knees.
5. Place protective linen beneath buttocks.
6. Put on gloves and lubricate right index finger.
7. Insert index finger into rectum as far as possible.
8. Remove fecal material gently.
9. If resident complains of pain, and if bleeding or side effects occur, discontinue procedure and call physician.
10. Wash and dry rectal area and assist resident to comfortable position.
11. Cleanse equipment and return to designated area. Discard disposable items.
12. Wash your hands.